

Altrusa International,

District Eleven DSB

FALL, 2019

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CONGRATULATIONS TO OUR NEW INTERNATIONAL BOARD



International Convention Installation Reno, Nevada – July 2, 2019

GOVERNOR'S MESSAGE

Pat Zoller



Change is in the air. Not only is fall already here which means changes to our summer routines, changes in the weather, and our clubs getting in full swing for another year of community service and fun. It also means changes at International with our dynamic new International President, Beverly Hardy, and her biennium theme, "Teamwork Makes the Dream Work". Have you seen the September

2019 issue of the International Altrusan? It's all about teamwork and the new International Leadership Team. I'm so proud to announce that three of our District Eleven members are part of that team. Leslie Fountain of The West Valley Club, AZ is on the Nominating Committee. Leslie was District Eleven Governor 2007-2009. Judy Tharp, Indian Wells Valley, CA is serving on the Service Program Development Committee and Leslie Johnson, Anaheim Club, CA is a member of the Communications Committee. Congratulations to each of these members. We are so very proud to have District Eleven so well represented at the International level.

Speaking of leadership teams, we have our own District Leadership Team to help make the dream work; ASTRA, Communications, Leadership, Membership, Service, New Club Building, DSB Editor, and Webmaster. We call them District Chairs and they are listed in the DSB. I encourage each of you to reach out to one or more of these leaders to make our District's dreams of membership growth, new clubs. name recognition, and continued community service come true. You don't have to be a club president or club officer to do that. Any club member can call any one of the District Chairs. Do you have a new idea, concern, comment, or something exciting to share about any of these areas? Contact the chair that can provide you with assistance or resources. Let's share our enthusiasm for Altrusa with each other and potential new members. To quote International President Beverly Hardy, "Together We Thrive."

The September Altrusan also contains some information about the 2021 International Convention which will take place in Quebec City, Canada at the Hilton Quebec from July 21-24, 2021. You'll need a current passport and there is information about applying for one, if needed. Don't delay. It can take some time and before you know it, Convention will be happening, again.

Thank you again to all the club members that attended the International Convention in Reno, Nevada. For those who attended, please encourage members within your club who did not or have not attended an International Convention to consider coming to the International Convention in Quebec, Canada. There is always so much to learn at Convention and the opportunity to meet Altrusans from all over the world. Hearing about all the things Altrusa does around the world can make you burst with pride knowing you are part of something so big, so wonderful, and so worthwhile.

The new International Encyclopedia is now available on the International Website. You can find it under "Membership" and scroll down to "Membership Tool Kits". The Encyclopedia replaces the Resource Guide. It's an easy-to-use reference that is helpful to all members and is especially helpful to our newer members so they may have a more comprehensive understanding of the Altrusa organization. The new International Bylaws and Policies are also available on the International website under "Governance".

There's a new International Service Project that is being introduced called "Support Our Soldiers" (SOS). Take a look at the article from our Service Committee and consider how your club might be able to contribute. This project is in addition to "Days for Girls" which continues to be a huge success thanks to each of you.

The Oxnard Club, with assistance from the San Buenaventura Club, will be hosting the 2020 Conference at the Courtyard Marriott in Oxnard, CA from April 30 through May 3, 2020. "Altrusans Are Always Winners" is the theme, with a Kentucky Derby flair. The Kentucky Derby will be happening at the same time as our Conference which is sure to spark some enthusiasm and excitement. It's an opportunity to wear that fancy Kentucky Derby hat without having to go all the way to Churchill Downs. Please encourage others to join you at Conference where we make lifelong friendships, have fun, hear about new ideas and learn from each other. Put Conference on your calendar now. You'll want to be there!

In Altrusa Service, Pat

1st VICE-GOVERNOR

Bonnie McPherson



A VISIT TO THE DOCTOR

One day I was looking for some information on Club building so I logged into Altrusa International's Website. While looking at various toolkits, I came across one that I found to be very helpful. The name of it is the "Club Health Assessment."

I printed the form and began to fill it out for my Club in Tucson. It really had me stopping to think about what we were doing.

The "Annual Check-up" gave me points for different things such as gaining new members, having more than 15 members, and having engaging program meetings. However, points were taken away if we did not actively review and monitor progress with our Club's strategic plan, did not start a new project within two years, or did not routinely send delegate(s) to district conference.

It really showed the areas where the Tucson Club needed to focus on improving. I totaled the score and got our 'prognosis.'

Our Club "has no major illnesses, but suggested a few preventive measures."

- At Charter strength (15+ members)
- At least one new project annually
- Strong attendance at meetings and activities
- Active strategic planning and developing
- Periodic to regular attendance at district conferences

Now I will be letting my Club know the results of this assessment. Then my Club's Board will develop strategies to strengthen the areas that need improvement.

I challenge each Club in District Eleven to do an "Annual Checkup" and share the results with the District Board member when the officer visits your Club.

You get the form off the Altrusa International Website as follows:

- In the search bar, type in Altrusa.org
- Click on Member Login (If you cannot log in, call the International office at 1-312-427-4410.)
- Click on Leadership (You will see members of District Eleven holding up the letters that spell "Leadership".)
- Scroll down to Toolkit
- Click on Club Health Assessment
- Print
- Assess your Club's Health!

INTERNATIONAL CONVENTION



Beverly Hardy President Altrusa International, Inc.

Dear Governor Pat, District Eleven Board, and District Eleven Members.

Please accept my deepest appreciation for the terrific job you did hosting our International Convention in Reno, NV. I know from personal experience, having the honor of being your International Representative last year, what an outstanding membership you have. Visiting your District Conference in Tucson, AZ was one of the best experiences I have had since serving on the International Board. The Reno Convention will forever be my personal favorite of a lifetime having being installed as your President. Everything was perfect in my eyes. While many say nothing is ever perfect, I say nonsense! Yes, there are always issues that happen but it is the end product that one must see. The facility was great; the food was excellent; the keynote speakers fantastic; and let's just say we had plenty of workshops....HA! However, the workshops were very well attended and I requested sign in sheets to get data for future conventions. A little more free time would have been nice to see your wonderful surrounding areas but that was not up to District Eleven to assign the schedule

The fabulous and "warm" Altrusa jacket you gifted me was a lifesaver! I was so cold in our meetings and wore your jacket quite a few times. It really felt great at the "Dessert Dash". My district had matching tees and agreed on wearing capris making it perfect for me to wear. The jacket actually made a great evening much nicer not being so chilled.

It takes a lot of time and effort to host a convention and it made my heart happy to see the large number in your District in attendance. Hopefully, all who attended had a good experience. Your District has many excellent leaders and it is my fondest hope that next biennium you will once again have one of your members on the International Board. I have asked several of your members to be on my team as International Committee members and they are already "stand outs."

Leslie Johnson is a member of the International Communications Committee and she has accepted the challenge of helping me with our International website to make it more user friendly. She certainly has the skill set for the job. Of course, I know your entire District is proud Leslie was elected as a Trustee to the International Foundation. Judy Tharp is on the International Service Committee and has already contributed much to her committee. Judy is a precious person and is so enthusiastic, which is something I try to stress with all Altrusans. Past Governor Sandi Miller was an excellent International Foundation Chair this past biennium; District Eleven shines with our Foundation! I would be remiss if I failed to applaud April Smith for her many years of

service on the International ASTRA Committee. April has assured me she will remain a resource this biennium. I mention each of the these members , but please understand that I know there are many other dedicated, knowledgeable, and energetic Altrusans in District Eleven I have not commented on but appreciate deeply! Know that I will always be there for District Eleven. I am only an email/phone call away to try and assist you. Additionally, do not hesitate to call the International office for anything you may need. They are there to support our membership and no question is too small.

Warmest Regards, Beverly Hardy beverlyaltrusa@gmail.com



We're in the Navy - Spirited Group from Puerto Rico!

DISTRICT ELEVEN'S END OF YEAR AUDIT Leslie Johnson



Audit – under Chapter Five: Club Finances in the President's Handbook (pg. 33) is a short paragraph regarding Audits. It reads "Remember to schedule an end-of-the-year audit or internal verification as soon as the outgoing Treasurer is able to finalize the year's financial information, the books should be

audited or verified." It also appears in the Club Treasurer's Handbook under "General Responsibilities" - "Financial Reports and Records" stating "Submit annual report and Club financial records for audit."

Our District Board at the September 28th Board Meeting voted to recommend that all District Eleven Club and Foundations have their financial records audited or peer reviewed on an annual basis.

If your club's books have been reviewed for the 2018- for free – that is awesome. If not there are other alternatives:

- Have your 2019 Club Treasurer and/or Foundation Treasure do so now. If someone in your club knows a CPA who is willing to review your records for free, that's awesome
- 2. Swap financial records with a nearby club in our district and have the club/and or foundation treasures perform a 'peer review' on each other's financial records.
- 3. Ask your District Treasurer to 'peer review' the financial records.

If you have any questions or concerns please fill free to email me at treasurer@altrusadistricteleven.org



Carol Latham was presented with the Eleanor Roosevelt Award.

SERVICEGlenda Hogg



"If serving is below you, leadership is beyond you". This is so true of all Altrusans. As District Eleven's Service chair for this biennium I hope that each and every one of you take part in some service project with your other club members. My mother always said to us that many hands make light work and

along the way you make friends and have fun.

Our two International Service projects are Days for Girls and Support our Soldiers (SOS). I will be the district liaison for Days for Girls and Danielle Robello will be the liaison for SOS. Feel free to contact me through the district address and Danielle can be contacted at drobello.altrusa@gmail.com if you have any questions.

If you haven't visited the International website and taken a tour of the Service Data Base you should. To be honest I hadn't looked at it before so I was right there with all of you. It is quite impressive and can be a great tool for coming up with a project, and you should use it to post (and boast too) about a project that you feel is worth sharing. It only takes a few minutes to do.

I certainly hope every club starts thinking about using one of their service projects to apply for the Mamie L. Bass Award for 2020. I truly am looking forward to seeing all of the great projects that

will be forthcoming. Yes I know filling out an award form can be daunting but do it anyway and see how much fun you can have learning something new.

ASTRA Kathy Telleria



Thank you to all the Clubs who responded to my email request for information about your ASTRA involvement. Even though the school year just started within the past month, many of you are already busy.

As you may know, ASTRA is a volunteer club for students sponsored by an Altrusa Club. With the

help of Altrusan advisors, ASTRA members are provided with opportunities to learn leadership skills, personal development, as well as citizenship development. The two groups working together is a win-win opportunity for all involved. Altrusans get young energy and ideas, and ASTRA students get knowledge, and yes, wisdom!

At the end of the last academic year we had seven sponsored ASTRA clubs. This is an update on some that I have heard from:

The Club at <u>Allan Hancock College</u> participated in a "Bow Wow" day and had 30 new students sign up for membership. They are making plans for volunteer opportunities, future fundraisers, and are planning their next service project.

The Club at Righetti High School is continuing with their volunteer work at a local library. They meet for a couple of hours one Saturday a month with projects for children. This has been very well received and recognized by the library with a letter stating that the services provided by the ASTRA students is important and vital to the library.

The Club at <u>Lopez High School</u> just finished an empty bowls luncheon fundraiser for the 5 Cities Homeless Coalition. The students painted about 40 bowls for the event.

A really big open arms encouragement goes to the clubs who expressed an interest in starting or restarting an ASTRA Club: Leslie Johnson with the <u>Anaheim Club</u>, Tiffany Lau with the <u>Eastern Sierra Club</u>, Kathy Girard with the <u>San Diego Club</u>, Aggie Kurzyna with the <u>Los Angeles Club</u>, and Dawn Montellaro with the West Valley Club.

Please feel free to contact me with updates, questions, etc. and I will do my best to help and support you. International also has a website, <u>ASTRA@altrusa.org</u> or <u>altrusa@altrusa.org</u>.

Thank you for all you do and continue to take on!

ktaltrusa@gmail.com

LITERACY

Sandy Pfefferkorn



LET'S GET LITERATE

First let me congratulate each one of you for your efforts to improve literacy! This is an opportunity to enrich the lives of people in your community, and while doing so enriching your own lives along the

way. Literacy deeply impacts accessibility to education, economic development, and life outcomes. Millions around the world and in our communities are functionally illiterate. Lack of literacy leads to lower earnings, poor health, and much higher rates of incarceration. All of these lead to low self- esteem and shame. As Altrusans we can make a difference one person/child at a time by creating innovative ways to help promote literacy in our own communities.

There are many ways your Literacy Committees and clubs can accomplish this. Every club has creative projects. Some of our clubs collect and donate books to homeless shelters, senior and recreation centers, or schools. Some read to children or the visually impaired, maintain Free Little Libraries, or start free lending libraries at various locations. There is no end to the projects available for our clubs. Our prospective Reno Club reads to children in laundromats. They identified a need and built from there. Kudos to them.

I would love to hear from each club on the ways you are promoting literacy in your communities. This way we can all learn from each other. Let's get our creative juices flowing and work together to make Altrusa shine! I am readily available to assist you. Thank you again for your continued efforts.

COMMUNICATIONS

Katharine Raley

WHO, WHAT, WHERE, WHEN, WHY, & HOW! WHAT DOES THIS MEAN?



When I was around 10 years old our local newspaper had a weekly column from each town in our area. They asked me to write our small town's column when our local writer gave it up. In high school my major was Journalism. For reasons unknown, I have used my journalism or my communications

skills in my employment, personal life, and in clubs' services. I have been communicating in many paths of my life: communicating in press releases, writing newspaper columns, and on live radio for over 4 years of doing a weekly Senior Segment of giving the listeners what was happening in their city and other information.

Governor Pat asked me to write on the importance of Communications. This has taken me back to the beginning of the 5 W's. As a journalist or a good communicator, one needs to bring all the W's in the first paragraph, Who, What, Where, When Why and maybe the How, if it is needed. It's the same with oral words if we are lecturing or just communicating.

Communicate simply means to share or exchange information, news, and ideas. Now that we know what communicate means how do we better communicate?

This brings us to our real topic of communications. In the past our club had a newsletter. However, when that chairman left our club, the newsletter was dropped. There may have been other attempts of social media. Oh my gosh I have much to do this year to bring our club into Facebook, a newsletter, press releases, and other social media products. This is my first year as Communications Chair of our club, and as District Eleven Communications Chair.

As District Eleven Communications Chair my intentions are to communicate to all club members on how to brand and design a Facebook page and/or a newsletter for those clubs who may need one. In the spring or summer of 2020 our club will begin designing a website. I am sure there are many of you who would like to improve your communication skills; however, maybe it is overwhelming or intimidating! You are not alone I am right here with you learning for the first time how to develop a Facebook page, set up a newsletter, and a website.

Working and communicating together we will build our clubs' strength in our communities with our sister clubs and our district officers. Our criteria is to have fun with communications, to laugh at our mistakes, and take pride and joy in our accomplishments. Anyone of us can be involved. This endeavor will not be just for communications chairs. It is open to all who have the desire to learn new communication skills. I recently finished our club's newsletter and developed a new logo to brand us to stand out more in our communities.

Contact me if you want to participate in any form of this work group! One of our best teachers are our kids or grandkids!

Looking forward to beginning our journey in communications and making new friends!

All Atrusans are Winners!

805-983-6128 oxnardaltrusakr@outlook.com



MEMBERSHIP Aggie Kurzyna



10 WAYS TO RECRUIT NEW MEMBERS

Membership is the lifeblood of any club. Clubs are always looking for ways to grow and recruit new members. Attracting and retaining members can be a very challenging task. There are many things club members can do in order to attract new members. Use the Internet, your existing

relationships, and promote what you have to offer as a group to increase your club's roster. Here, I've provided 10 viable approaches one could use to recruit new members.

- Have a clear club goal for new membership & a strategic plan for how your club will achieve the new membership goal.
- Host an Open House; ensure you have relevant club information and material to distribute and present.
- Print club business cards with club meeting location and time; ensure each member has these business cards to distribute as needed.
- Ask existing members to bring at least 1 guest per year to meetings; use incentives to encourage this behavior. Have a reward program for those who bring in new members.
- Advertise on the radio, in local newspapers, and on local cable TV.
- 6. Put together guest information packets.

- 7. Place pamphlets in doctors' offices, hospitals, cafeterias, libraries, and the like.
- 8. Place customized bookmarks in library books.
- Have public meetings at malls, outdoors, and other public places.
- 10. Have a booth at malls, fairs, festivals etc.

AROUND THE DISTRICT



Congratulations to Hillary Stone who recently completed her Master's Degree in Psychology. After almost two years, with no breaks from classes, she graduated from the University of Phoenix. Hillary manages to juggle her family, job, presidency of the Chula Vista Altrusa Club, and is currently District Eleven's Board's Secretary. Both the Sloan and Wilson families traveled to Anaheim Convention Center to congratulate her on this prestigious accomplishment. Naturally the family continued this celebration with a trip to Disneyland!

Congratulations Hillary!!!



District Eleven Members at Convention July 2019

ALTRUSA INTERNATIONAL OF SAN LUIS OBISPO COUNTY, INC.

EMPTY BOWLS LUNCHEON FUNDRAISER FOR THE 5CITIES HOMELESS COALITION

On September 18th the 5Cities Homeless Coalition had their major fundraiser. The San Luis Obispo County club not only volunteered to help that day but also donated close to 120 ceramic bowls that were painted with original designs by the children from the Oceano Library as well as the ASTRA Club of Lopez High School. The bowls were glazed and then fired in the kilns at Allan Hancock College. This is a wonderful example of everyone in the community coming together to help provide assistance and services to the homeless in the area.









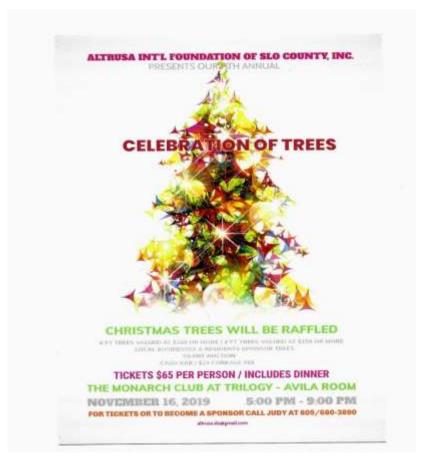
CELEBRATION OF
TREES FUNDRAISER
SATURDAY,

NOVEMBER 16, 2019

Contact:

Judy 805-680-3890

Altrusa.slo@gmail.com





Come See Us!

Festival of Trees

ALTRUSA OF CENTRAL COAST

November 29 thru December 14, 2019

Monday thru Saturday 10 am to 8 pm

Sunday 11 am – 7 pm

Drawing Sunday, December 5th, 1 pm

centralcoast@altrusadistricteleven.org

SANTA MARIA TOWN CENTER

Upstairs at the top of the escalator

Contact Leslie:

president@altrusaanaheimca.org

or buy tickets online at www.altrusaanaheimca.org





Altrusa of Oxnard 24th Annual Holiday Luncheon Winter Wonderland

Courtyard Marriott, Oxnard November 2nd, 2019

11:00 to 1:30

Luncheon, 15 decorated Christmas Trees, Gift Baskets, Wreaths, and much more! \$35 per person

Contact Katharine Riley: oxnardaltrusakr@outlook.com

SAVE THE DATE! 2020 District Eleven Conference April 30 – May 3, 2020

"Altrusans Are Always Winners"

Where: Courtyard by Marriott 600 Esplanade Dr. Oxnard, CA 93036

Host: Altrusa International Oxnard Club
*The Team Spirit of the 146th Kentucky Derby,
Building Unity, & Team Spirit
for All Altrusans*

Educational Workshops

Fun & Socialization at Conference

Kentucky Derby Activities & Games

Friday Night Social Event

Kentucky Derby Hat Contest

Team Building & Educational Workshops



IN MEMORIAM

Mary Adams

Altrusa of San Diego

July 30, 1929 - September 17, 2019

Mary, affectionately known as "Sweet," lived up to her nickname. For many years she was the Sunshine Hostess of her club. She always sent sweet notes and cards to members for the birthdays, anniversaries, and in sympathy. Even when she could no longer attend meetings, those cards and notes kept coming.



Ila H. "'Cappy' Brown

Altrusa of Anaheim

August 30, 1934- June 30, 2019

Cappy was born to be a volunteer and leader. As a 34 year member of her club, she served as President, Project Linus Coordinator, spearheaded the Project Dignity Program in her community on behalf of Altrusa, and so much more!. Her contributions have made a significant impact on her club members and those she served in true Altrusa spirit.



Dorothy 'Dottie' Miller

Altrusa of Chula Vista

January 14, 1928 September 25, 2019





Dottie received the Marilyn Atwood award from Altrusa just this year. She said of herself, "This woman loves people and enjoys watching the world go by though good friends and family, the fellowship of Altrusa, Hospice, Sharp, and Scripps Hospital Support groups. Slowed down activities means no dancing, but she continues to enjoy the opportunity of being an Altrusan, investment, learning, reading, writing, crafts, cooking, theater, and music." Her contributions to her community, the Altrusa Club of Chula Vista, family, and friends has left a mark which will be well remembered.

District Eleven Club Information

	President	Email	Meetings	
Anaheim	Leslie Johnson	anaheim@altrusadistricteleven.org	4 th Monday	
Arcadia	Beau Stocking	arcadia@altrusadistricteleven.org	1 st Wednesday	
Buellton		Buellton@altrusadistricteleven.org		
Central Coast	Lupe Maldonado- Alvarado	centralcoast@altrusadistricteleven.org	2 nd Monday 6 pm	
Chula-Vista	Danielle Robello	chulavista@altrusadistricteleven.org	3 rd Wednesday	
San Luis Obispo County	April Smith	slocounty@altrusadistricteleven.org	2 nd Tuesday	
Eastern Sierra	Tiffany Lau	easternsierra@altrusadistricteleven.org	2 nd Thursday Dinner 4 th Thursday noon program	
Glendale	Barbara Crawford	glendale@altrusadistricteleven.org	1 st Thursday	
Golden Valley	Kathy Telleria	goldenvalley@altrusadistricteleven.org	2 nd Thursday	
Indian Wells Valley	Beth Gordon	indianwellsvalley@altrusadistricteleven.org	3 rd Tuesday	
Los Angeles	Aggie Kurznya	losangeles@altrusadistricteleven.org	3 rd Wednesday, noon	
Long Beach	Marie Cady Drummond	longbeach@altrusadistricteleven.org	3 rd Sunday/varies	
Monterey Peninsula	Marsha Leadingham	montereypeninsula@altrusadistricteleven.org	2 nd & 4 th Monday	
Oxnard	Katharine Raley	oxnard@altrusadistricteleven.org	4 th Wednesday	
Phoenix	Linda Puchi	phoenix@altrusadistricteleven.org	4 th Wednesday 5:30 pm	
Reno-Sparks	Courtney Vogt	reno@altrusadistricteleven.org		
San Buenaventura	Mary Harrison	sanbuenaventura@altrusadistricteleven.org	2 nd Thursday, 11:30 am 4 th Thursday, 6 pm	
San Diego	Kathy Girard	sandiego@altrusadistricteleven.org	3 rd Wednesday 6 pm	
San Diego NCC	Jan Riggins	sdncc@altrusadistricteleven.org	2 nd Wednesday 6pm	
Santa Maria	Susan Spears	santamaria@altrusadistricteleven.org	2 nd & 4 th Wednesday	
The West Valley	Dawn Mortellaro	westvalley@altrusadistricteleven.org	3 rd Thursday	
Tucson	Nancy Cowden	tucson@altrusadistricteleven.org	2 nd & 4 th Wednesday Lunch & evening (5:30)	

District Eleven Board 2019-2021

Governor	Pat Zoller	San Diego	governor@altrusadistricteleven.org
Governor Elect	Melinda Aguirre	Central Coast	governorelect@altrusadistricteleven.org
First Vice Governor	Bonnie McPherson	Tucson	firstvicegovernor@altrusadistricteleven.org
Second Vice Governor	April Smith	SLOC ₀	secondvicegovernor@altrusadistricteleven.org
Immediate Past Governor	Melanie Hodges	SLOC ₀	immediatepastgovernor@altrusadistricteleven.org
Director	Andrea Shallcross	Eastern Sierra	director@altrusadistricteleven.org
Treasurer	Leslie Johnson	Anaheim	treasurer@altrusadistricteleven.org
Secretary	Hillary Sloan	Chula Vista	secretary@altrusadistricteleven.org
Parliamentarian	Pat Young	Tucson	parliamentarian@altrusadistricteleven.org
Training Chair	Melanie Hodges	SLOC ₀	trainingchair@altrusadistricteleven.org

District Chairs 2019-2021

ASTRA	Kathleen Telleria	Golden Valley	astrachair@altrusadistricteleven.org
Communications	Katharine Raley	Oxnard	communicationschair@altrusadistricteleven.org
Leadership	Margie Neer	Eastern Sierra	leadership@altrusadistricteleven.org
Literacy	Sandy Pfefferkorn	San Diego	literacychair@altrusadistricteleven.org
Membership	Aggie Kurzynn	Los Angeles	membershipchair@altrusadistricteleven.org
New Club Building	Gail Swain	Eastern Sierra	newclubbuildingchair@altrusadistricteleven.org
Service Chair	Glenda Hogg	Chula Vista	servicechair@altrusadistricteleven.org
DSB Editor	Kathy Girard	San Diego	dsbeditor@altrusadistricteleven.org
Webmaster	Leslie Johnson	Anaheim	webmaster@altrusadistricteleven.org